

Mackintosh Academy “Nut Aware” Policy

In the process of collecting school documents and meeting families it has come to our attention that children in our community have life-threatening allergies to nuts, tree nuts, and other related oils. We are a “nut aware” campus with thoughtful protocols in place to support those students with severe allergies.

Here is some guidance and useful information:

Teachers/Staff will enforce no shared food at meals and snacks, and will also coordinate nut-free snacks for all events.

The school has a complete list of all students with life threatening as well as minor allergies as part of its emergency preparedness plan. All teachers with those students in their classes have copies of specific action plans in the event of an allergic reaction for the child. Additionally, all school employees have been Emergency Preparedness trained which included authorization to administer medicine and epi-pens if needed.

It is not realistic to limit dairy, wheat, eggs, chocolate and other foods that are not associated with life threatening consequences. Specific dietary requirements should be managed by families and teachers as needed. Our goal is to be reasonable in our approach to limiting specific foods in group settings, and we always strive to support individual student's needs. If a student has a severe allergy to a specific food, parents should notify the office and classroom teacher to make the class aware and sensitive.

Our goal is to provide a safe environment for all children, and we appreciate families being sensitive to the needs of students with severe allergies.

Although this is not a comprehensive list, the following possible allergens should be avoided in school snacks and lunches:

Almond extract	Mixed nuts
Almonds	Nougat
Artificial nuts	Nut butters, oils, paste
Beer nuts	Nutella
Brazil nuts	Peanut butter
Cashews	Peanut flour
Chestnuts	Peanut oil
Ground nuts	Peanuts
Hazelnuts	Pecans
Hickory nuts	Pine nuts
Macadamia nuts	Pistachios
Marzipan	Walnuts